

News

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Sugar study inquiry

The University of Sydney will launch a formal inquiry into a study conducted by two of its academics in 2011 that claimed to show sugar intake in Australia had declined at the same time obesity increased. Economist Rory Robertson, who has led criticism against the study, alleged the findings of the study were based on unreliable and falsified data and that its authors were influenced by commercial interests. JOANNA HEATH

Here's exactly what has been said recently by the University of Sydney, and what I've said in response: http://www.australianparadox.com/pdf/LettersCPCProfSimpson.pdf; and http://www.australianparadox.com/pdf/LettersProfTrewhella.pdf

rory robertson

economist and former-fattie

Want to stop trends in your family and friends towards obesity, type 2 diabetes, heart disease and cancer? Well, it's time to stop eating and drinking sugar: http://www.youtube.com/watch?v=xDaYaOAB8TQ&feature=youtu.be

Here's a time-tested diet to reverse obesity and type 2 diabetes: http://www.australianparadox.com/pdf/why-we-get-fat.pdf; http://garytaubes.com/wp-content/uploads/2012/02/WWGF-Readers-Digest-feature-Feb-2011.pdf

Join the push to give all kids a fairer start in life: http://www.australianparadox.com/pdf/Sugary-Drinks-Ban.pdf

Quick Quiz: Q1 - What if the University of Sydney spent \$500m on Charles Perkins Centre but not five minutes on research integrity? http://www.australianparadox.com/pdf/quickquizresearch.pdf

Outsized rates of sugar consumption – alongside alcohol and tobacco – are a major driver of the unacceptable "gap" in life expectancy between Indigenous and non-Indigenous Australians: see the bottom row of Box/Table 2 in https://www.mja.com.au/journal/2013/198/7/characteristics-community-level-diet-aboriginal-people-remote-northern-australia

Isn't it ironic (or worse)? The Charles Perkins Centre's highest-profile obesity and diabetes experts have falsely exonerated as harmless the sugar that's devastating the health of those Australians who Charles Perkins cared most about: http://www.australianparadox.com/pdf/diabetes.pdf; http://www.smh.com.au/national/university-sets-up-500m-centre-for-obesity-research-20130724-2qjq8.html

Globally, bogus scientific results are common when university-based researchers have close links to sugary food/drink industries: http://www.plosmedicine.org/article/info%3Adoi%2F10.1371%2Fjournal.pmed.1001578; (scroll down) http://www.australianparadox.com/pdf/Howdevious.pdf

Comments, criticisms, questions, compliments, whatever welcome at strathburnstation@gmail.com

