

* NURSING HOME MENU - 2015 *

①

Name: _____

NURSING HOME WEEK3 THURSDAY

Diet: _____

<u>BREAKFAST</u>	<u>LUNCH</u>	<u>TEA</u>
Meal <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large	Meal <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large	Meal <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large
Cereals <input type="checkbox"/> Sultana Bran <input type="checkbox"/> All Bran <input type="checkbox"/> Cornflakes <input type="checkbox"/> Weet-Bix <input type="checkbox"/> Rolled Oats <input type="checkbox"/> Sugar <input type="checkbox"/> Equal <input type="checkbox"/> Hot Milk <input type="checkbox"/> Cold Milk	Main Meal <input type="checkbox"/> Beef Sausages & Gravy <input type="checkbox"/> Mashed Potato <input type="checkbox"/> Mashed Pumpkin <input type="checkbox"/> Zucchini Cauliflower <input type="checkbox"/> Plain Sandwiches	Soup <input type="checkbox"/> Minestrone Meal <input type="checkbox"/> Meatballs & Gravy & Mix Vegetables <input type="checkbox"/> Cold Meat <input type="checkbox"/> Salad Bread <input type="checkbox"/> White <input type="checkbox"/> Wholemeal
Bread <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Toasted	Dessert <input type="checkbox"/> Bread & Butter Custard <input type="checkbox"/> Fruit <input type="checkbox"/> Ice-cream <input type="checkbox"/> Custard	Spreads <input type="checkbox"/> Margarine <input type="checkbox"/> Butter <input type="checkbox"/> Marmalade <input type="checkbox"/> Plum Jam <input type="checkbox"/> Strawberry <input type="checkbox"/> Apricot Jam <input type="checkbox"/> Vegemite <input type="checkbox"/> Honey
Spreads <input type="checkbox"/> Margarine <input type="checkbox"/> Butter <input type="checkbox"/> Marmalade <input type="checkbox"/> Plum Jam <input type="checkbox"/> Strawberry <input type="checkbox"/> Apricot Jam <input type="checkbox"/> Vegemite <input type="checkbox"/> Honey	Hot Drinks <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	Bread <input type="checkbox"/> White <input type="checkbox"/> Wholemeal
Fruit <input type="checkbox"/> Compote of fruit <input type="checkbox"/> Prunes	Cold Drinks <input type="checkbox"/> Juice <input type="checkbox"/> Milk <input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo	Spreads <input type="checkbox"/> Margarine <input type="checkbox"/> Butter <input type="checkbox"/> Marmalade <input type="checkbox"/> Plum Jam <input type="checkbox"/> Vegemite <input type="checkbox"/> Apricot Jam <input type="checkbox"/> Strawberry <input type="checkbox"/> Honey
Hot Breakfast <input type="checkbox"/> Spaghetti	Hot Drinks <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	Hot Drinks <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal
Hot Drinks <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	Cold Drinks <input type="checkbox"/> Juice <input type="checkbox"/> Milk <input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo	Hot Drinks <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal
Cold Drinks <input type="checkbox"/> Juice <input type="checkbox"/> Milk <input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo	Cold Drinks <input type="checkbox"/> Juice <input type="checkbox"/> Milk <input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo	Cold Drinks <input type="checkbox"/> Juice <input type="checkbox"/> Milk <input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo
<u>Morning tea served with Cake or Biscuit</u> <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Hot Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	<u>Afternoon tea with Cake or Biscuit</u> <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Hot Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	<u>Supper with Cake or Biscuit</u> <input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Hot Milo <input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal
<input type="checkbox"/> Cold Milo <input type="checkbox"/> Milk <input type="checkbox"/> Lemonade <input type="checkbox"/> Juice	<input type="checkbox"/> Cold Milo <input type="checkbox"/> Milk <input type="checkbox"/> Lemonade <input type="checkbox"/> Juice	<input type="checkbox"/> Cold Milo <input type="checkbox"/> Milk <input type="checkbox"/> Lemonade <input type="checkbox"/> Juice

* NURSING HOME MENU - 2015 *

②

Name: _____

NURSING HOME WEEK2 THURSDAY

Diet: _____

BREAKFAST	LUNCH	TEA
Meal <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large	Meal <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large	Meal <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large
Cereals	Main Meal	Soup <input type="checkbox"/> Pea & Ham
<input type="checkbox"/> Sultana Bran <input type="checkbox"/> All Bran	<input type="checkbox"/> Roast Pork & Gravy	Meal <input type="checkbox"/> Chicken Fricassee
<input type="checkbox"/> Cornflakes <input type="checkbox"/> Weet-Bix	<input type="checkbox"/> Mashed Potato	<input type="checkbox"/> & Mixed Vegetables
<input type="checkbox"/> Rolled Oats	<input type="checkbox"/> Mashed Pumpkin	<input type="checkbox"/> Cold Meat <input type="checkbox"/> Salad
<input type="checkbox"/> Sugar <input type="checkbox"/> Equal	<input type="checkbox"/> Peas	Bread
<input type="checkbox"/> Hot Milk <input type="checkbox"/> Cold Milk	<input type="checkbox"/> Plain Sandwiches	<input type="checkbox"/> White <input type="checkbox"/> Wholemeal
Bread	Dessert	Spreads
<input type="checkbox"/> White <input type="checkbox"/> Wholemeal	<input type="checkbox"/> Caramel self sauce pudding	<input type="checkbox"/> Margarine <input type="checkbox"/> Butter
<input type="checkbox"/> Toasted	<input type="checkbox"/> Fruit <input type="checkbox"/> Ice-cream	<input type="checkbox"/> Marmalade <input type="checkbox"/> Plum Jam
Spreads	<input type="checkbox"/> Custard	<input type="checkbox"/> Vegemite <input type="checkbox"/> Apricot Jam
<input type="checkbox"/> Margarine <input type="checkbox"/> Butter	Hot Drinks	<input type="checkbox"/> Strawberry <input type="checkbox"/> Honey
<input type="checkbox"/> Marmalade <input type="checkbox"/> Plum Jam	<input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo	Hot Drinks
<input type="checkbox"/> Strawberry <input type="checkbox"/> Apricot Jam	<input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	<input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo
<input type="checkbox"/> Vegemite <input type="checkbox"/> Honey	Cold Drinks	<input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal
Fruit	<input type="checkbox"/> Juice <input type="checkbox"/> Milk	Cold Drinks
<input type="checkbox"/> Compote of fruit <input type="checkbox"/> Prunes	<input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo	<input type="checkbox"/> Juice <input type="checkbox"/> Milk
Hot Breakfast		<input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo
<input type="checkbox"/> Spaghetti Scrambled Egg		<input type="checkbox"/> Fresh Fruit
Hot Drinks		
<input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Milo		
<input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal		
Cold Drinks		
<input type="checkbox"/> Juice <input type="checkbox"/> Milk		
<input type="checkbox"/> Cordial <input type="checkbox"/> Cold Milo		
Morning tea served with Cake or Biscuit	Afternoon tea with Cake or Biscuit	Supper with Cake or Biscuit
<input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Hot Milo	<input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Hot Milo	<input type="checkbox"/> Tea <input type="checkbox"/> Coffee <input type="checkbox"/> Hot Milo
<input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	<input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal	<input type="checkbox"/> Milk <input type="checkbox"/> Sugar <input type="checkbox"/> Equal
<input type="checkbox"/> Cold Milo <input type="checkbox"/> Milk	<input type="checkbox"/> Cold Milo <input type="checkbox"/> Milk	<input type="checkbox"/> Cold Milo <input type="checkbox"/> Milk
<input type="checkbox"/> Lemonade <input type="checkbox"/> Juice	<input type="checkbox"/> Lemonade <input type="checkbox"/> Juice	<input type="checkbox"/> Lemonade <input type="checkbox"/> Juice