

Rory Robertson (+61 414 703 471)  
8 June 2021

**Letter to University of Sydney Academic Board:  
Update on NHMRC review and Charles Perkins Centre killing Indigenous Australians via type 2 diabetes**

To: Chair Academic-Board <chair.academicboard@sydney.edu.au>, Anthony Masters <anthony.masters@sydney.edu.au>, Vice Chancellor <vice.chancellor@sydney.edu.au>, Stephen Garton <stephen.garton@sydney.edu.au>, DVC Research <dvc.research@sydney.edu.au>, Duncan Ivison <duncan.ivison@sydney.edu.au>, Richard Fisher <richard.fisher@sydney.edu.au>, Philippa Pattison <philippa.pattison@sydney.edu.au>, lisa.jackson-pulver@sydney.edu.au, Richard Miles <richard.miles@sydney.edu.au>, Katherine Belov <kathy.belov@sydney.edu.au>, Laurent Rivory <laurent.rivory@sydney.edu.au>, etc

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**Dear members of University of Sydney Academic Board, General Counsel Richard Fisher and interested observers,**

I hope you are well. Ahead of your Board meeting this afternoon, I am writing to provide the Board and other interested parties with an update on the NHMRC's review of the University of Sydney's 30-Diet Lifespan Fraud, and the Charles Perkins Centre's role in suppressing the effective cure for type 2 diabetes, boosting misery and early death, especially in Indigenous and aged-care communities. (Recall that the influential 30-Diet Lifespan Fraud has been promoted widely by the University, including in full-page advertisements in the *Sydney Morning Herald*, on the ABC's *Health Report* and even by the ABC's Dr Norman Swan under his own steam in the science magazine *Cosmos*: <https://cosmosmagazine.com/biology/carbs-earn-their-place-table> )

In her formal letter to me on 19 April (see link below), NHMRC CEO Anne Kelso claimed that she is not in a position to review my hard evidence that your Professor Stephen Simpson - the Academic Director of the Charles Perkins Centre and a Fellow of the University's Senate - is overseeing an influential scientific fraud promoting harmful mouse diets to humans, nor my hard evidence that Vice-Chancellor Stephen Garton and Deputy Vice-Chancellor (Research) Duncan Ivison are dishonestly protecting Simpson's misconduct. CEO Kelso insists that she is unable to make a judgement on whether or not "the University hid evidence, then fabricated evidence and dishonestly contrived a false finding in order to exonerate Professor Stephen Simpson of serious research misconduct".

In particular, CEO Kelso says that she is unable to review "**the merits**" of my evidence that Simpson lied to the University of Sydney's research-fraud "initial inquiry" (a formal inquiry prompted and overseen by NHMRC), by introducing "additional submissions" dishonestly claiming that his 143 hidden dead mice "were not sick when culled", despite the "independent veterinary office overseeing the study" having observed severe weight loss, "rectal prolapse" and "failure to thrive" before assessing that those 143 sick mice "would soon have died from malnutrition" (pp. 5 and 8 in my *Submission*). Nor is CEO Kelso inclined to review "**the merits**" of my assessment that Simpson contrived the "not sick when culled" lie, or that Vice-Chancellor Garton - then directly in charge of the "initial inquiry" - knowingly embraced that obvious lie, in order to allow Garton to falsely exonerate Simpson of serious research fraud.

All up, I believe that Stephen Garton - then on the cusp of becoming your Vice-Chancellor - did what he did to pretend there is no problem, to sneakily protect your University's undeserved reputation for "research excellence" (worth roughly \$400m p.a. from Federal taxpayers), and to help Simpson's research group continue to steal an extra \$13m of funding from taxpayers via NHMRC officials over 2019-2023 (p. 11 in my *Submission*).

After choosing not to assess "**the merits**" of my evidence of research and financial misconduct by the Academic Director of the Charles Perkins Centre (also a Fellow of the University Senate) and the Vice-Chancellor of the University of Sydney, CEO Kelso advised me that NHMRC prefers to keep its fluffy Final Report on these matters secret: "**as you [RR] have not agreed to sign a Confidentiality Deed Poll, I have decided not to provide you with a copy of the Final Report**".

**NHMRC CEO Kelso's 19 April letter to me is reproduced on p. ii of my detailed 27 May response:** <https://www.australianparadox.com/pdf/RR-letter-CEO-NHMRC-May-2021.pdf>

Importantly, NHMRC CEO Kelso also unreasonably side-stepped my evidence that the University of Sydney's long-standing incompetence, misconduct and/or financial conflicts of interest in the nutrition "science" space have resulted in immense harm to the Australian community over recent decades. In particular, some 1-2 million Australians today suffer misery and early death via type 2 diabetes, an uncomplicated malady caused by the prolonged intake of excess carbohydrate including added sugar. With Charles Perkins Centre careerists unethically suppressing medical science's effective cure for type 2 diabetes (that is, carbohydrate restriction), the unfolding diabetes tragedy can be seen most clearly in the quiet suffering of short-lived Indigenous Australians, who die from type 2 diabetes at a rate seven times that of the rest of us.

In **Part 2** of my letter to NHMRC CEO Kelso (see link above), I highlight the key role of University of Sydney **Professor Stephen Colagiuri** in helping to suppress the word "carbohydrate" from the recent ***Australian National Diabetes Strategy***

**2016-2020.** Notably, Colagiuri appears to have been NHMRC's longstanding lead advisor on type 2 diabetes while being paid tens of thousands of dollars per annum as a part-time employee of various pharmaceutical companies (p. 57 of *Submission*).

**Part 3** of my letter to NHMRC CEO Kelso highlights the dominant role of highly influential **Professor Stewart Truswell** in imposing faulty, unscientific and harmful US dietary advice on hapless Australians for more than a generation. It's a stunning story, told mostly by Truswell himself. Soon after arriving at the University of Sydney from the UK in 1978 - with a 1977 copy of *Dietary Goals for the United States* in his luggage - Truswell hijacked the local nutrition "science" community and soon was launching the first version of our Dietary Guidelines, harmful politically based US dietary advice foisted on Australians without proper local scientific review (see pp. vi-vii).

The unscientific nature of our **Australian Dietary Guidelines** has been "locked in" for four decades by the fact that NHMRC allowed Truswell to act as the lead scientific author from the early 1980s until now, his influence apparently sufficient to avoid for forty years any proper scientific review of the rotten unscientific core of the US advice. High-profile **Dr Rosemary Stanton** played a significant role in parroting the faulty *Guidelines* in the media and in her books over the decades; alas, she appears to have been unaware or unconcerned that the dominant 45-65% carbohydrate assumption is a product of unscientific anti-fat shonkery invented in the US and popularised from the 1950s (p. ix).

Professor Stewart Truswell's malignant role in introducing and maintaining harmful official dietary advice for Australians is documented in my letter to CEO Kelso: the page and a half from p. vi is truly eye-opening. Further, it's an absolute disgrace that eminent University of Sydney Professors Truswell and Stephen Simpson chose to actively assist **Professor Jennie Brand-Miller's** dishonest 2017 expansion of her **Australian Paradox sugar-and-obesity fraud** into the *American Journal of Clinical Nutrition*: pp. 5-6 <https://www.australianparadox.com/pdf/USyd-Misconduct-June19.pdf>

In **Part 4** of my letter to CEO Kelso, I outline various **Recommendations and requests**, encouraging NHMRC to initiate **an independent investigation** into the University of Sydney's research and management misconduct in the nutrition "science" space. The findings of that investigation – including that the University promotes harmful high-carbohydrate dietary advice that suppresses medical science's effective cure for type 2 diabetes - would help those concerned about the current epidemics of childhood and adult obesity, type 2 diabetes, cardiovascular disease and Dementia to understand why NHMRC's fatally flawed *Australian Dietary Guidelines* have failed so spectacularly.

Perhaps the most useful thing members of the Academic Board could do, for starters, is force the formal retractions of Jennie Brand-Miller's extraordinary faulty *Australian Paradox* paper - <https://www.mdpi.com/2072-6643/3/4/491> - and of the faulty paper (cited over 600 times on the formal scientific record) at the centre of Stephen Simpson's highly influential 30-Diet Lifespan Fraud: <https://www.cell.com/cell-metabolism/pdf/S1550-4131%2814%2900065-5.pdf>

**In any case, I will continue to do my best to stop the harmful scientific frauds at the Charles Perkins Centre, to stop the scandalous mistreatment of the 1-2 million Australians with type 2 diabetes, including the promotion of widespread misery and premature death in Indigenous and aged-care communities, and to fix NHMRC's fatally flawed Australian Dietary Guidelines.**

Please read my letter to NHMRC CEO Anne Kelso - <https://www.australianparadox.com/pdf/RR-letter-CEO-NHMRC-May-2021.pdf> - and then let me know if you would like to help.

Best wishes,  
Rory

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**rory robertson**

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Strathburn Cattle Station is a proud partner of YALARI, Australia's leading provider of quality boarding-school educations for Aboriginal and Torres Strait Islander teenagers. Check it out at <http://www.strathburn.com/yalari.php>

*Please reply "please delete", if you are not directly involved in these matters and would prefer not to receive my occasional updates regarding scientific integrity and harm to public health.*

**Rory Robertson** (+61 414 703 471)  
**27 May 2021**

**Response to NHMRC CEO Anne Kelso's 19 April letter re serious misconduct at Sydney Uni and harm to type 2 diabetics**

To: <Anne.Kelso@nhmrc.gov.au>

Cc: Vice Chancellor <vice.chancellor@sydney.edu.au>, Duncan Ivison <duncan.ivison@sydney.edu.au>, Rebecca Halligan <rebecca.halligan@sydney.edu.au>, Chair Academic-Board <chair.academicboard@sydney.edu.au>, <stephen.colagiuri@sydney.edu.au>, <Paul.Zimmet@monash.edu>, <investigations@abc.net.au>, <kmcclymont@smh.com.au>, Honi Soit <editors@honisoit.com>, <investigations@theage.com.au>, David Vaux <vaux@wehi.edu.au>, <Clare.McLaughlin@nhmrc.gov.au>, <Julie.Glover@nhmrc.gov.au>, <Prue.Torrance@nhmrc.gov.au>, <Alan.Singh@nhmrc.gov.au>, <Tony.Krizan@nhmrc.gov.au>, <Marita.Sloan@nhmrc.gov.au>, <Jillian.Barr@nhmrc.gov.au>, etc, Professor Truswell <professor.truswell@sydney.edu.au>, <rosemary.stanton@westnet.com.au>, <David\_Sinclair@hms.harvard.edu>

**Dear Professor Anne Kelso AO, CEO of the National Health and Medical Research Council (NHMRC),**

Good morning. I hope you are well.

The following link provides my evidence-based response to your letter to me on 19 April:

<https://www.australianparadox.com/pdf/RR-letter-CEO-NHMRC-May-2021.pdf>

To recap, your 19 April letter advised me of your decision to keep secret your Final Report from ARIC's review, and to do nothing to stop NHMRC-funded research fraud and serious management misconduct at the University of Sydney.

Further, it outlined your plans for NHMRC's *Australian Dietary Guidelines* and your decision to do nothing to stop the harmful official mistreatment of the 1-2 million people in Australia suffering type 2 diabetes.

My letter today details my concern that NHMRC is being run as a "toothless tiger", inappropriately turning a blind eye to the ongoing theft of \$13m from taxpayers via NHMRC, while allowing research and management misconduct at the University of Sydney to continue harming public health.

Further, I raise concerns about you unethically sidestepping my specific request that NHMRC reduce organised harm to people with type 2 diabetes by stopping the (explicit) misuse of your *Australian Dietary Guidelines* by Diabetes Australia, the RACGP and the Dietitians Association of Australia.

Separately, I explain that your *Australian Dietary Guidelines* should be retracted, given their unscientific origins and the failed "disease model" at their core.

**Finally, on page xi, Part 4 provides several "Recommendations and requests" to help NHMRC steer a credible course in the process of fixing the problems outlined above.**

CEO Kelso, I have decided to distribute my response to your 19 April letter to a wider audience, to inform the various public debates on the need to stop harmful scientific frauds, the need to stop the scandalous mistreatment of people with type 2 diabetes, and the need to fix NHMRC's fatally flawed *Australian Dietary Guidelines*.

Thank you for your time. I will hear from you in due course.

Best wishes  
 Rory

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**rory robertson**

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**Strathburn Cattle Station is a proud partner of YALARI, Australia's leading provider of quality boarding-school educations for Aboriginal and Torres Strait Islander teenagers. Check it out at <http://www.strathburn.com/yalari.php>**

## Dedication

Charlie Perkins was born in Alice Springs near the red centre of Australia in June 1936. I was born there 30 years later in March 1966. I dedicate my body of work exposing the Charles Perkins Centre's *Australian Paradox* sugar-and-obesity fraud and its low-protein, high-carbohydrate mouse-diet lifespan fraud to my mother, **Elaine Lucas**, who nursed Aboriginal and other Australians in remote places - including Katherine, Alice Springs, Balcanoona, Woorabinda and Baralaba - from the early 1960s to the late 1980s. And to my (late) father, **Alexander "Sandy" Robertson**, who grew up in Scotland and in the Scots Guards, shifted briefly to Melbourne then Coogee in Sydney, before working with cattle, sheep and wheat across country Australia for half a century. He taught me (and my brother and sister) much about what is right and much about what is wrong, often by example. (A longer piece on Dad's life and times can be found in one of the links below.)

I also have firmly in mind people like Bonita and Eddie Mabo, Faith Bandler, Charlie Perkins (who Dad often said he knew briefly - so too his brother Ernie - in The Territory over half a century ago), Waverley Stanley and Lou Mullins of Yalari, and especially Noel Pearson, all of whom worked or are working indefatigably for decades to improve the lot of their mobs, their peoples left behind. Finally, I wonder whatever happened to the many Aboriginal boys and girls I met across country Australia when I was a boy, especially the big Woorabinda mob with whom I shared classrooms and sports fields back in Baralaba, central Queensland, in the late 1970s. Much of the news over the years has been tragic and depressing.  
<https://www.australianparadox.com/baralaba.htm>

**Please note:** In this and other documents, I have detailed influential incompetence and worse in nutrition and health "science", and by Group of Eight university senior management. Importantly, if you read anything here or elsewhere from me that is factually incorrect or otherwise unreasonable, please contact me immediately and, if I agree, I will correct the text as soon as possible. This all matters because more than one million Australians today have type 2 diabetes, the number growing rapidly. Many of these vulnerable Australians can expect mistreatment, misery and early death, harmed by high-carbohydrate diabetes advice promoted by a range of respected entities advised by highly influential Group of Eight science careerists. The unfolding diabetes tragedy can be seen most clearly in the quiet suffering of short-lived Indigenous Australians.

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**rory robertson**

**economist and former-fattie**

<https://twitter.com/OzParadoxdotcom>

Here's me, Emma Alberici and ABC TV's Lateline on the University of Sydney's Australian Paradox:

<http://www.abc.net.au/lateline/content/2015/s4442720.htm>

Here's the latest on that epic Australian Paradox sugar-and-obesity fraud: <http://www.australianparadox.com/pdf/ABC-investigation-AustralianParadox.pdf>

Here's Vice-Chancellor Spence's threat to ban me from campus: p. 64 <http://www.australianparadox.com/pdf/Big-5-year-update-Feb-2017.pdf>

During National Diabetes Week 2016, I wrote to the Department of Health about "The scandalous mistreatment of Australians with type 2 diabetes (T2D)": <http://www.australianparadox.com/pdf/Expanded-Letter-HealthDept-type2diabetes.pdf>

Want to stop trends in your family and friends towards obesity, type 2 diabetes, heart disease and various cancers? Stop eating and drinking sugar: <http://www.youtube.com/watch?v=xDaYa0AB8TQ&feature=youtu.be>

Here's the diet advised by Dr Peter Brukner, recently the Australian cricket team's doctor: <http://www.peterbrukner.com/wp-content/uploads/2014/08/All-you-need-to-know-about-LCHF1.pdf> ; <http://www.abc.net.au/catalyst/lowcarb/>

A life in our times: Vale Alexander "Sandy" Robertson (1933-2015): <http://www.australianparadox.com/pdf/AlecRobertson-born2oct33.pdf>

Comments, criticisms, questions, compliments, whatever welcome at [strathburnstation@gmail.com](mailto:strathburnstation@gmail.com)

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Strathburn Cattle Station is a proud partner of YALARI, Australia's leading provider of quality boarding-school educations for Aboriginal and Torres Strait Islander teenagers. Check it out at <http://www.strathburn.com/yalari.php>